

## SFU Long-Distance Relationship Study

Will you and your romantic partner be in a long-distance relationship this Fall or Spring semester because of exchange, co-op, or travel? If yes, you and your partner might be eligible to participate in the *Long-Distance Relationship Study* to help the SFU Close Relationships Lab learn more about how couples navigate long-distance relationships and receive up to \$80 as a couple!

### *What is the goal of the study?*

To learn more about how individuals and couples manage geographic distance in their relationship. We want to know how couples maintain their long-distance relationships and adapt to the challenges of being apart for a semester.

### *What will I be asked to do if I volunteer?*

You and your partner will be asked to each complete four one-hour online questionnaires, once before the trip, twice while you are apart, and once when you are reunited. You will be paid \$10 each to your Canadian bank account for each questionnaire. The first questionnaires must be completed *before* the partner traveling away departs on his or her trip.

### *Who is eligible for the study?*

Couples who have a Canadian bank account, read and write English fluently, have been in their relationship for at least three months, and who plan to remain in their relationship together while one partner is away from home for 2-6 months.

### *How do I find out more?*

Contact Brittany Lasanen at [couples@sfu.ca](mailto:couples@sfu.ca) or (778) 782-7155 with your phone number and times that are best to reach you. (If you do not live in the Vancouver area, please reply with your Skype account ID, where you are living, and the best times to reach you in your local time zone. Our research team is located in the Pacific Time Zone)

Thank you for your interest in this important project!

Sincerely,

Brittany Lasanen  
Honours Psychology Student

Rebecca J. Cobb, PhD  
Associate Professor of Psychology  
Project Director of the Long-Distance Relationship Study

